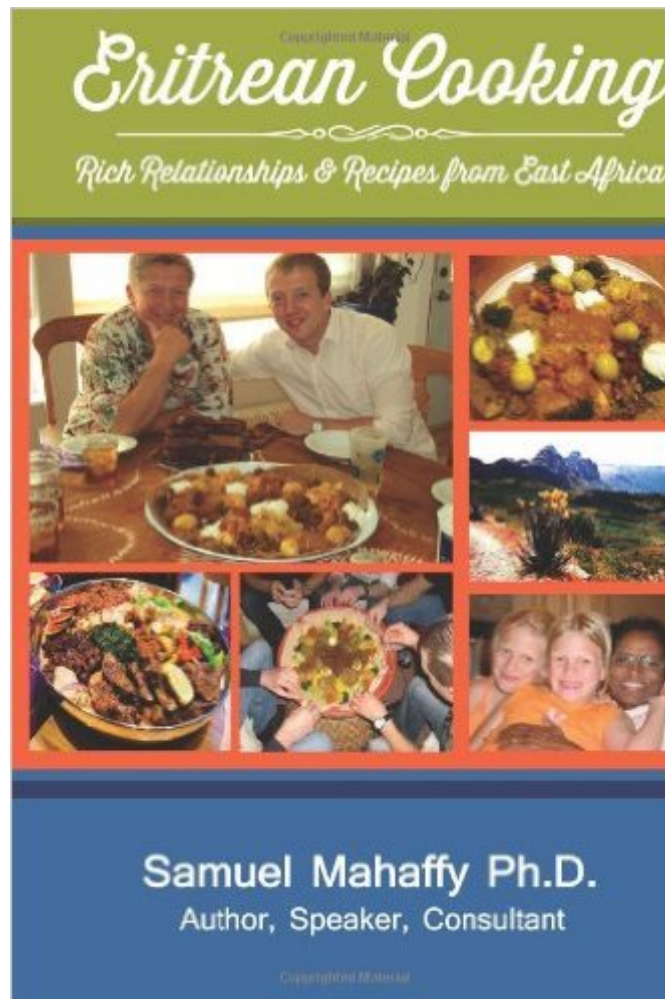


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Eritrean Cooking: Rich Relationships & Recipes From East Africa



Synopsis

Step into the rich aroma of a spicy African Family Dinner with recipes carried from Eritrea into the United States. This work is as much about relationships as it is about recipes. It brings forward a tradition of sharing deeply and promoting peace through "eating from a common dish."™ This work touches on what the West has to learn from Africa and what we have to learn from each other when we are more conscious of the gift of our relationships.

Book Information

Paperback: 68 pages

Publisher: CreateSpace Independent Publishing Platform (March 21, 2014)

Language: English

ISBN-10: 1497419026

ISBN-13: 978-1497419025

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 5.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #732,564 in Books (See Top 100 in Books) #89 in Books > Cookbooks, Food & Wine > Regional & International > African

Customer Reviews

This is far more than just a cookbook ~ the author's love for the mother country with its culture and customs comes across on every page. Even if you do not want to attempt to dive into the actual cooking of the best food in the world, the purchase of the book is worth it to experience the uniqueness of Eritrea and her people. You will not be disappointed!

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